

Apple Investors Warn iPhones and Other Technology May Be Hurting Children

NY Times

Why Is Silicon Valley So Awful to Women?
The Atlantic



Early Facebook and Google Employees Form
Coalition to Fight What They Built
NY Times

We built the first digital revolution on flawed ethics. We are out of balance with our tech, & the world is waking up.

After Florida School Shooting, Russian 'Bot' Army Pounced NY Times

THE DAWN of SPATIAL COMPUTING

Too much social media 'increases loneliness

and envy' – study
The Telegraph

Is a time to return us to the human; things could go really right or really wrong.

Teenage depression and suicide are way up – and so is smartphone use Washington Post

One way we learn to be human is by using our bodies Making culture and creativity are core to us all

(CREATOR or CONSUMER)

OUR CODE

Protect the imagination

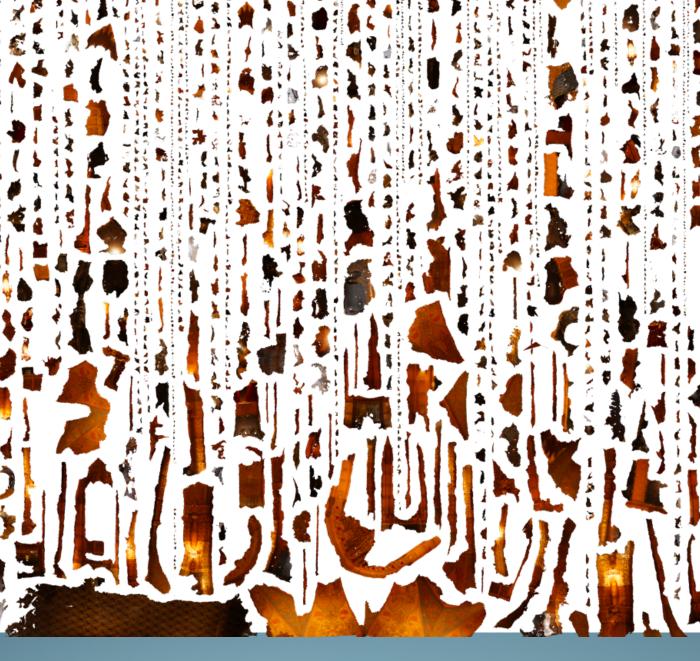
Make with the real world (don't build the metaverse)

User is always the last creator

Make things that are useful



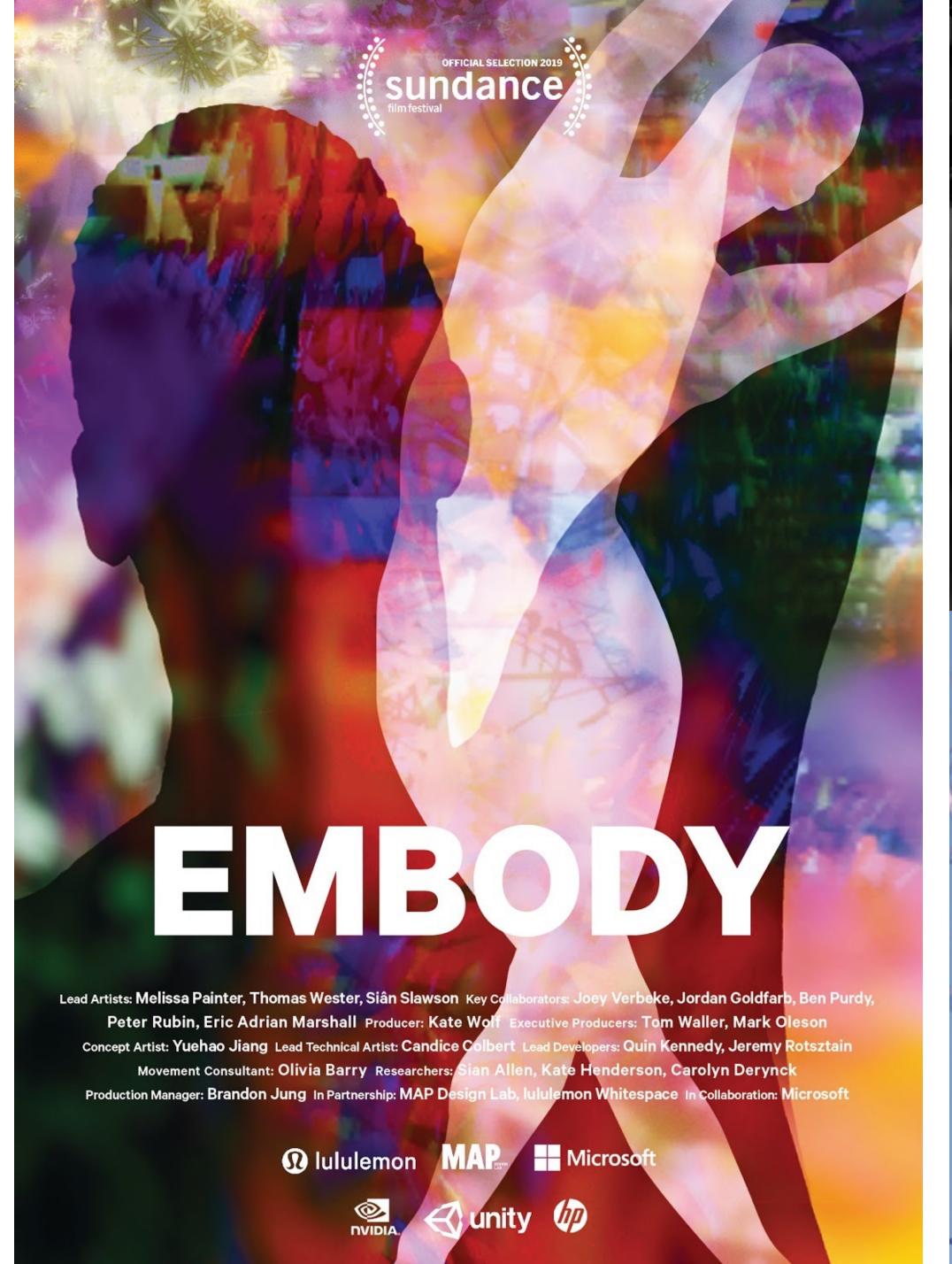
















Homuncular Flexibility

When you move like a cat, you think like a cat.

The most profound meaning of usable weird avatars might turn out to be in the <u>awakening of the vast part</u> of the brain that is connected to the body.



It's Already Happening

"I am my own healer." ... the connection to the body, the sense of embodiment and the sense of transformation is possible. And it's not gonna be so painful or so hard and there's a path, takes a little time. You attend to it. And then boom! Things change..."Oh my gosh, now I can balance on that one leg and I couldn't three weeks ago."

Olivia Barry

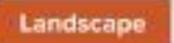


Your body is a creative tool. Your body can change.

Landscape

Soft/Strong
Sync Breath + Movement
Extension
Expansion

I felt it in class where someone says "Root your feet into the ground." Or I can visually see the metaphor of that happening, and suddenly I'd have a totally new relationship to my body. And that person telling me that and me seeing that potential in myself is like a gift. You're passing back and forth and yet in love poems and in rock and roll there is this whole tradition of the idea of I'll be your mirror and what we see in each other that we can't see in ourselves, and how we give that back and forth to each other



TIME/Ritual Wrap around Experience Design

experience design around the experience, right? So how do you, I mean, that's what a ritual is for right? How do you step into a place where you, the journey is to just get to that moment, So that you're already trying to be open to the fact that time can bend....

we do live in time and space, and it's a fabrication from a spiritual standpoint, because spiritual standpoint, all moments can be contained in one moment.





